

# Stockinette Cast On for Knitting Boards

by Isela Phelps



The Stockinette cast on method for knitting boards is an alternate cast on to the Figure 8 and the Lucet Cast on method.

The Stockinette Cast On method leaves “live” stitches that need to be bound off. A crochet hook is used to bind off the stitches, thus provides a crochet look to the first row of stitches.

It is recommended when knitting scarves, blankets, shawls, and any other item where the first row won't be covered with tassels/fringes.

Enjoy!

Isela Phelps

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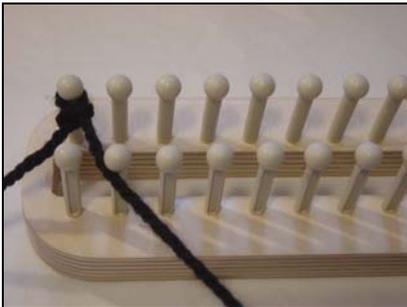
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## Notes:

- Knitting Board has two sides with pegs on each side. Side closest to you is side B and the opposite side is side A. I will refer to pegs as 1A, 2A, etc, when working on the board.
- Work on the board from left to right.
- The Stockinette Cast on is the same as the Stockinette Stitch
- The Stockinette Stitch is done into passes/parts: wrap the board from left to right, then right to left covering all the pegs skipped on the first pass.

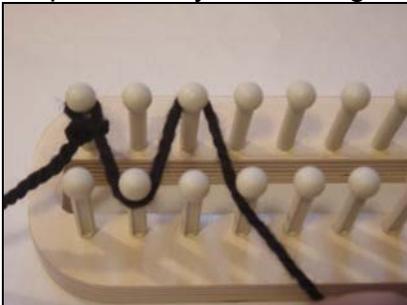
## 🌀 Instructions 🌀

Make a slip knot and place it on peg 1A—that is your first stitch.



**Figure 1: Slip Knot on peg 1A**

Step 1: With yarn coming from 1A go around peg 2B.



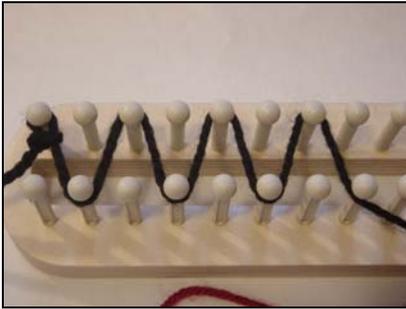
**Figure 2: Steps 1 & 2 & 3**

Step 2: With yarn coming from the side of peg 2B, go up to peg 3A, wrap around peg 3A.

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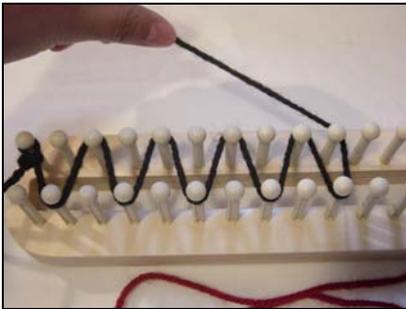
Step 3: With yarn coming from side of peg 3A go down to peg 4B and wrap around it.



**Figure 3: Wrap skipping every other peg.**

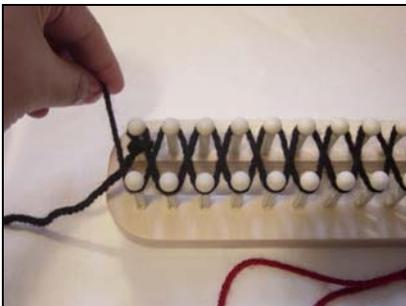
Step 6: Continue in this form, skipping every other peg until the amount of desired pegs have been covered.

Step 7: When you reach the last peg, go directly to the opposite peg and wrap around it in a counterclockwise direction.



**Figure 4 & 5: Cover all the skipped pegs**

Step 8: With yarn coming from the last top peg, wrap all the skipped pegs until you reach the other side of the board.

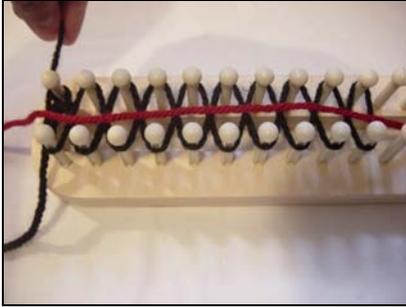


**Figure 6: All pegs are covered**

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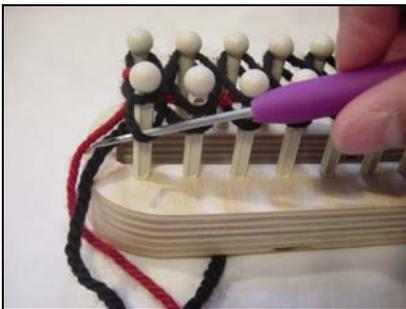
Step 9: Place a piece of contrasting yarn in the center of the board, over the yarn on the pegs. This piece of yarn is called an Anchor Yarn.



**Figure 7: Anchor Yarn Placed**

Step 10: With yarn coming from bottom last peg, go up to peg 1A, wrap around it, then repeat Steps 1-9.

Step 11: Knit over by lifting the bottom loop over and off the peg. Leaving only 1 loop on each peg.



**Figure 8: Knitting over**

Step 12: Pass the tails of the Anchor Yarn through the board's center gap. Make a knot with the Anchor's yarn tail ends.



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Steps 1-12 set your first row of knitted stitches on the board. The anchor yarn is holding the first loops as “live” stitches. When the project is finished, you need to crochet the live stitches to give it a nice finished edge. The following steps will show how to accomplish this essential step of the knitted garment.



In order to finish the “live” stitches, you need to have a crochet hook that will work with the weight yarn used.

Begin on the opposite side from the yarn tail end.

Step 1: Insert crochet hook on the first stitch



Step 2: Insert the hook through the next 2 stitches



Step 3: Pass the 1<sup>st</sup> stitch on the front of the hook through the middle stitch, and then pass it through the back stitch, leaving only 1 loop on the hook.

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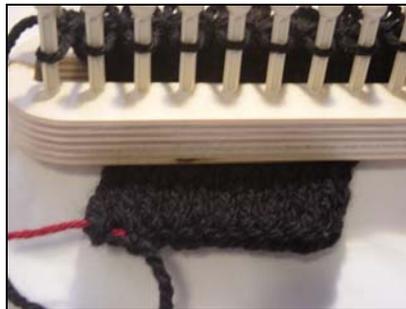
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Step 4: Repeat steps 2 & 3 with the remaining stitches. When you reach the end, form a chain with the yarn tail end and pass it through the last loop.



After all the stitches have been bound off with the crochet hook, you can remove the anchor yarn by pulling it out.



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Knitting Looms used were provided by Décor Accents, Inc.

Comments or Questions:

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Knitting Looms: [www.decoraccentsinc.com](http://www.decoraccentsinc.com)  
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