



LOOM KNITTING

SUGGESTED NUMBER OF PEGS FOR SOCK KNITTING

The tables below have a suggested number of pegs to use when loom knitting a sock. The peg numbers are based on gauge.

Please work a swatch with the yarn you would like to use and the knitting loom you would like to use. Knit a small panel, in the round, that is at least 3 inches in length and width. This small piece of knitting will become your swatch. Block it.

After blocking the swatch, measure the gauge, then locate the closest gauge you received on the chart below, then cast on the number of pegs necessary for the foot (based on foot ball).

Suggested Number of Pegs for Sock (according to gauge)		
Gauge (2 inches)	Foot Ball Circumference in Inches	Suggested Number of Pegs
<u>18 sts</u>	5 (6, 7, 8, 9, 10, 11, 12)	44(48, 56, 64, 72, 82, 90, 98)
<u>16 sts</u>	5 (6, 7, 8, 9, 10, 11, 12)	40(44, 50, 58, 64, 72, 80, 86)
<u>14 sts</u>	5 (6, 7, 8, 9, 10, 11, 12)	34(38, 44, 50, 56, 64, 70, 76)
<u>12 sts</u>	5 (6, 7, 8, 9, 10, 11, 12)	28(32, 38, 44, 48, 54, 60, 64)
<u>10 sts</u>	6 (7, 8, 9, 10, 11, 12)	28(32, 36, 40, 46, 50, 54)
<u>8 sts</u>	6 (7, 8, 9, 10, 11, 12)	22(26, 28, 32, 36, 40, 44)
<u>6 sts</u>	6 (7, 8, 9, 10, 11, 12)	16(,18, 22, 24, 28, 30, 32)

U.S. Size	Ages	Foot circumference	Foot Length	Sock Height
0-4	6-12mos	4.5	4	2.5
4-8	1-3yrs	5.5	5	3.5
7-11	3-5yrs	6	6	4.25
10-2	5-9yrs	6.5	7.5	5.25
2-6	7-13yrs	7	8	6.5
3-6	women's	7	9	6.5
6-9	women's	8	10	7
8-12	women's	9	11	7.5
6-8	Men's	7	9.5	7
8.5-10	Men's	8	10.5	7.5
10.5-12	Men's	9	11	8
12.5-14	Men's	10	11.5	8.5

