

Loom Knitting: Suggested Number of Pegs for a Sock

The tables below will help find a suggested number of pegs to use when loom knitting a sock. The peg numbers are based upon gauge.

Please work a swatch with the yarn you would like to use and the knitting loom you would like to use. Knit a small panel, in the round, that is at least 3 inches in length and width. This small piece of knitting will become your swatch. Block it.

After blocking the swatch, measure the gauge, then locate the closest gauge you received with the chart below.

Below is also a chart that has U.S. shoe sizes, as well as the ages these shoe sizes fit.

Gauge: Need to find the gauge? After the swatch is complete and blocked. Get a measuring tape. Lay the swatch on a flat surface, place the measuring tape horizontally on the swatch. Count the number of stitches over 2 inches. Count all of the stitches, even $\frac{1}{4}$ of a stitch. This number is the number of stitches per inch. To find the number of rows, place the measuring tape vertically on one of the stitch columns (they look like vertical "v"). Count the number of "V's" up the column over 2 inches. This last number is the number of rows per inch.

Suggested Number of Pegs for Sock (according to gauge)		
Gauge (2 inches)	Foot Ball Circumference in Inches	Suggested Number of Pegs
18 sts	5 (6, 7, 8, 9, 10, 11, 12)	44(48, 56, 64, 72, 82, 90, 98)
16 sts	5 (6, 7, 8, 9, 10, 11, 12)	40(44, 50, 58, 64, 72, 80, 86)
14 sts	5 (6, 7, 8, 9, 10, 11, 12)	34(38, 44, 50, 56, 64, 70, 76)
12 sts	5 (6, 7, 8, 9, 10, 11, 12)	28(32, 38, 44, 48, 54, 60, 64)
10 sts	6 (7, 8, 9, 10, 11, 12)	28(32, 36, 40, 46, 50, 54)
8 sts	6 (7, 8, 9, 10, 11, 12)	22(26, 28, 32, 36, 40, 44)
6 sts	6 (7, 8, 9, 10, 11, 12)	16(,18, 22, 24, 28, 30, 32)

U.S. Size	Ages	Foot circumference	Foot Length	Sock Height
0-4	6-12mos	4.5	4	2.5
4-8	1-3yrs	5.5	5	3.5
7-11	3-5yrs	6	6	4.25
10-2	5-9yrs	6.5	7.5	5.25
2-6	7-13yrs	7	8	6.5
3-6	women's	7	9	6.5
6-9	women's	8	10	7
8-12	women's	9	11	7.5
6-8	Men's	7	9.5	7
8.5-10	Men's	8	10.5	7.5
10.5-12	Men's	9	11	8
12.5-14	Men's	10	11.5	8.5

